

Specials

Scalp Massage

(25 minutes) £45.00

Experience the soothing and rejuvenating effects of our Scalp Massage. This focused treatment uses a combination of gentle and stimulating techniques to promote relaxation, relieve tension, and enhance overall well-being. Perfect for those looking to alleviate stress, improve circulation, and enjoy a serene moment of tranquility.

Enhance your treatment with our purifying green tea conditioning hair mask £10

Hopi Ear Candling

(25 minutes) £45.00

Discover the calming and cleansing benefits of Hopi Ear Candling, an ancient therapeutic practice rooted in traditional healing techniques. This gentle and non-invasive treatment is designed to promote relaxation, improve ear health, and help alleviate symptoms related to sinus issues, ear discomfort, and stress.

The Conscious Healer - Post Pregnancy Treatment

(50 minutes) £90.00

Bring balance and help the maternal body through the skin with a selection of natural products packed with reviving scents. Feel the stress melt away with this rejuvenating treatment which includes a gentle scrub of the legs and a relaxing scalp massage followed by a back neck and shoulder massage to relieve any muscle tension.

Enhance your treatment with our bumps a daisy soothing stretch mark range £10

Face & Body Duo

(50 minutes) £85.00

Indulge in the ultimate treatment duo: unwind with a relaxing back, neck, and shoulder massage to soothe aching muscles and reduce tension, followed by an illuminating facial that leaves you feeling refreshed and radiant.

Notes/Appointment



the courtyard spa

To make an appointment call 01937 580115



the courtyard spa

Courtyard Spa Indulgence

3 hours use of our spa facilities. Glass of fizz. Choice of foot salts.

£40.00 per person Monday - Thursday | £45.00 per person Friday - Sunday

Courtyard Spa Pamper

3 hours use of our spa facilities. Glass of fizz. Choice of foot salts. 25 minutes treatment.

£68.00 per person Monday - Thursday | £73.00 per person Friday - Sunday

Courtyard Afternoon Tea Pamper

Three hours use of our facilities, a glass of bubbly on arrival, choice of foot salts and a delicious Afternoon Tea. You also choose a 25 minute treatment from the following, aromatherapy back massage, Courtyard express facial, indian head massage or tired feet massage, taken with the three hours.

£74.00 per person Monday - Thursday | £79.00 per person Friday, Saturday and Sunday

Unwind and Dine

3 hours use of our spa facilities. Glass of fizz. Two course carvery meal.

£58.00 per person Monday - Thursday | £63.00 per person Friday - Sunday

Pizza, Pamper and Fizz £55.00 per person

3 hours use of our spa facilities. Glass of fizz on arrival. Choice of foot salts. Evening meal from our Pizza menu

Exclusive Use Evening in the Courtyard Spa

7.30pm - 10.30pm use of our spa facilities. Glass of fizz. Choice of foot salts.

Prices from £45.00 per person (min 8 people)

If you require any treatments they MUST be pre-booked to confirm therapist's availability. Buffet also must be prebooked 2 weeks in advance.

Two's Company in the Courtyard Spa

3 hours use of our spa facilities. Glass of fizz. Choice of salts.

Full body massage 50 mins. Afternoon tea.

£98.00 per person Monday - Thursday | £103.00 per person Friday - Sunday

natural spa factory®

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The Courtyard Spa at The Bridge Hotel & Spa, Walshford, Wetherby LS22 5HS



the courtyard spa

Self-Guided Treatments

Traditional Mud Rasul

(30 minutes) £40.00

The Rasul is a traditional Arabian body treatment involving steam and Clay. Apply sun-drenched and mineral rich clay from the continent onto your skin a enjoy scented steam. Finally wash off with our warm rain shower leaving your skin completely reinvigorated.

Enhance your treatment with an exfoliating sugar scrub £5

Body Boost

(20 minute massage treatment) £25.00

Our massage chairs are designed to give you control of the strength and speed of your massage whilst you lie back and enjoy the relaxing sounds of spa music. We include a luxury face mask of your choice and Himalayan foot salts that enhance energy and relieve stress so sit back, relax and sooth your soles!

Enhance your treatment with an exfoliating sugar scrub £5

Facials

Express Facial

(25 minutes) £45.00

Using our Illuminate range, we will cleanse, steam tone, exfoliate, serum and moisturise your skin leaving your skin glowing.

Full Facial

(50 minutes) £65.00

Our full facial includes everything you get in an express facial with the addition of an illuminate face mask and relaxing chest, shoulder and arm massage. Every step will be slowed down to maximise the benefit of our products leaving your skin more youthful and radiant.

Deluxe Facial

(65 minutes) £85.00

From start to finish this facial screams luxury. You will enjoy all the benefits of our full facial with the addition of a chest scrub, scalp massage and a second mask that adds much needed minerals including Vitamin A,B & C.

Gentleman's Glow

(25 minutes) £45.00

Using our Illuminate range, we will cleanse, steam, tone, exfoliate, apply serum, and moisturize your skin, leaving it radiant and glowing. For those with facial hair, we will also apply beard oil for added nourishment and care.

Enhance your facial by adding a luxurious 23 carat gold, pearl & Caviar moisturiser £5

Terms & conditions: Treatments must be prepaid at time of booking. Cancellations within 48 hours or a no show will incur 100% charge. It is essential to pre-book all treatments to avoid disappointment. All prices maybe subject to change without notice. Please arrive 10 minutes prior to your appointment as every treatment time includes consultation and aftercare. The minimum age for treatments is 16 years and above and must be accompanied by an adult. Don't forget to bring along swimwear, we provide robes, towels and flip flops. We respectfully request that only food and alcohol bought on the premises is consumed in the spa. All medical conditions and pregnancy must be stated at the time of booking.

Massage

Back, Neck & Shoulder Massage

(25 minutes) £50.00

Experience relief from everyday stress and muscle tension with our focused Back, Neck, and Shoulder Massage. This treatment specifically targets areas where tension often accumulates, providing deep relaxation and rejuvenation

Full Body Massage

(50 minutes) £85.00

Indulge in a complete relaxation experience with our Full Body Massage, designed to rejuvenate the entire body. This comprehensive treatment targets all major muscle groups, promoting overall well-being and alleviating stress.

Enhance your treatment with a deep cleansing back scrub £5

Hot Stones, Back, Neck & Shoulder Massage

(25 minutes) £60.00

Experience the soothing warmth and healing benefits of our Hot Stone Back, Neck, and Shoulder Massage. This treatment combines traditional massage techniques with the use of heated stones, offering deep relaxation and relief from muscle tension.

Hot Stones Full Body Massage

(50 minutes) £85.00

Immerse yourself in the ultimate relaxation with our Hot Stone Full Body Massage. This luxurious treatment combines the soothing warmth of heated stones with expert massage techniques, providing a deeply therapeutic and revitalizing experience from head to toe.

Aroma Candle Back, Neck & Shoulder Massage

(25 minutes) £60.00

Indulge in a luxurious Aroma Candle Back, Neck, and Shoulder Massage, where the soothing warmth of melted aromatherapy candle wax is used as a nourishing massage oil. This treatment not only relaxes your muscles but also hydrates and revitalizes your skin, providing a unique sensory experience.

Aroma Candle Full Body Massage

(50 minutes) £90.00

Indulge in the ultimate relaxation experience with our Aroma Candle Full Body Massage. This luxurious treatment uses the warm, melted wax from aromatic candles as a nourishing massage oil, combining the benefits of aromatherapy with deep tissue relaxation. The unique blend of essential oils and soothing heat provides a sensory experience that rejuvenates the body and mind.

Enhance your treatment with a Himalayan salt steam £5

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